

RELAX & YOGA AT SPA BELOHRAD

Relax & Yoga at Spa resort Tree of Life

DAY 1 – DAY 3

Arriving / Relax / Yoga and time for your own / Departure

OPTIONAL TRIP IN THE SURROUNDINGS:

The Town of Jičín (50 minutes driving)

The highest mountain range in the country is located in north-eastern Bohemia, forms the border with Poland and is unique by its wealth. It offers unbeatable natural and scenic values.

Bohemian Paradise (30 minutes driving)

A major attraction for tourists, this natural site is situated near the town of Jičín. It is made up of sandstone formations that are millions of years old, romantic valleys with ponds, old Bohemian structures, stone castles and chateaux. A standout is Trosky Castle, the pinnacle of Bohemian Paradise and a dominant landmark of the entire region.

Karlova koruna Chateau (50 minutes driving)

This Baroque chateau, partially designed by Italian architect Giovanni Santini, spreads out over a hill surrounded by romantic gardens. It was once famed for its stock of rare horses.



This picturesque town lies on the foothills of the Krkonoše mountains in a beautiful and clean basin. The spa tradition here goes back to 1885 thanks to Anna, countess of Asseburg. The local rich peat deposits gave rise to peat spas. Nowadays they have been modernised and they provide treatments for both adults and children which have beneficial effects on all the musculoskeletal disorders – rheumatic diseases, spine pain, The spa has an excellent reputation both here and abroad. In the surroundings of the town there is unique countryside with many forests as well as maintained folk architecture constructions. The area is interlaced with a dense network of marked tourist routes. Cycling routes are currently being marked as well.

PACKAGE INCLUDES

- 3x or 4x accommodation in DBL Deluxe room
- 3x or 4x halfboard in the form of a varied buffet
- 5x 60 min. with yoga
(Breathing exercises, meditation, cleansing techniques, talking)
- Drinking cure – herbal teas
- Free entry to the hotel pool
- Free entry to the Organic & Garden Spa zone
(Sauna, sanarium, Kneipp path, steam cabin)
- Free entry to the Fitness laboratory
- Free Wi-Fi connection in the whole hotel
- Spa fee included
- Free parking

GENERAL INFO & PRICES 2020

Price per person and 3 nights stay:

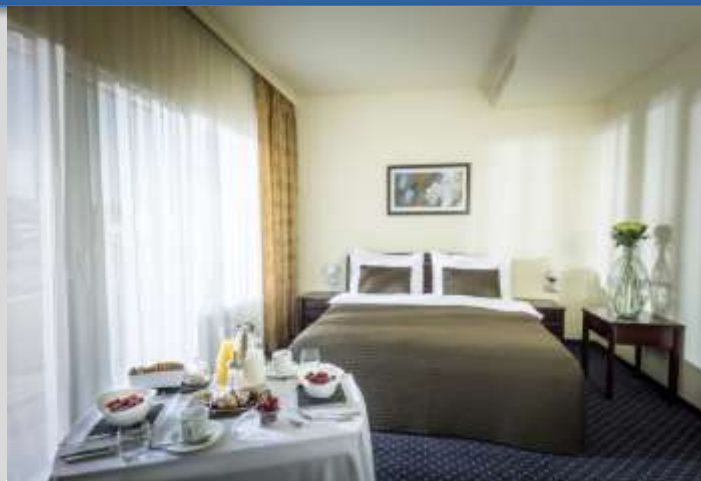
- 02.01. – 31.03.2020 & 01.11. – 21.12.2020 ... **345,00 EUR**
- 01.04. – 31.05.2020 & 01.10. – 31.10.2020 ... **369,00 EUR**
- 01.06. – 30.09.2020 & 22.12. – 01.01.2021 ... **391,00 EUR**

Price per person and 4 nights stay:

- 02.01. – 31.03.2020 & 01.11. – 21.12.2020 ... **421,00 EUR**
- 01.04. – 31.05.2020 & 01.10. – 31.10.2020 ... **450,00 EUR**
- 01.06. – 30.09.2020 & 22.12. – 01.01.2021 ... **478,00 EUR**

Surcharges:

26,00 EUR per person / night in DBL Deluxe single use
54,00 EUR per person / night in APARTEMENT
104,00 EUR per person / night in APARTEMENT single use



TREATMENTS & SPORT ACTIVITIES

Hotel offers a wide range of spa, wellness and beauty treatments. It is important to plan selection of procedures in advanced to ensure availability. You can enjoy a variety of indoor and outdoor activities including exercise, swimming pool, mini golf and tennis. You can rent a bike, Nordic walking poles or another equipment. You can engage in various activities such as horse riding, fishing and more.



Cultural EVENTS 2020:

May 2020

- Grand opening the spa season
- Beer festival in Miletín / 5km away the hotel

June 2020

- Food festival in Jičín / 20km away the hotel
- Baroque Eye at the Kuks castle / 25km away the hotel
- International folklore festival in Belohrad Spa

August 2020

- Theatrum Kuks at the Kuks castle / 25km away the hotel

September 2020

- Celebrations of the traditional Hořice rolled wafers / 10km away the hotel
- Wine festival in Kuks castle / 25km away the hotel