

# LIGURIA MOUNTAINS & SEA

Trekking, historical villages, rural areas and local producers between Alps and Italian Riviera

## 1. DAY Arrival

Flight to Nice Airport. Evening Bus transfer from Nice Airport to Diano Marina. Check-in in the hotel. Dinner and overnight.

## 2. DAY Organic Olive oil producer - Villa Faraldi - trekking to Cervo

After breakfast, we will move to the hills, in the country-side, to visit a local olive-oil producer. Harvesting period has already started. He will show us his land with olive trees, the old stone mill, that he still uses for oil production, and final tasting of his products. We will then discover the tiny village of Villa Faraldi, known to be a second house for Fritz Roed, Norwegian sculpture. Free lunch in a local. After lunch, we will walk on a breath-taking trail, towards the sea. In two hours we will get to Cervo an old middle age village on the sea coast. Guided visit of the historical centre and its monuments, such as the Castle, Corallini Church and Oratorio Santa Caterina. Cervo has recently been awarded as one of the most beautiful Italian villages. Return to our hotel for dinner and overnight.

## 3. DAY Dolceacqua - Wine producer - Sanremo

After breakfast meeting with guide and bus transfer to Dolceacqua. Visit of middle age village, its tiny alleys, the church, the Doria's castle and the hump-backed bridge, famous because it inspired Claude Monet on some of his paintings. For lunch time, we will visit a local wine producer. Tasting of its wines served with local dish. After lunch we will move to Sanremo. We will discover its city centre with Casino, Ariston theatre location of the national music festival, historical part called Pigna and Russian church. Optional visit to Villa Ormond garden. Return trip to Diano marina, dinner and overnight in hotel.

## 4. DAY Santa Margherita - Trekking to Portofino - San Fruttuoso

Bus transfer from Diano Marina to Santa Margherita ligure. Meeting with local guide and trekking to Portofino. Visit of Portofino and free time for lunch. Afternoon boat trip to San Fruttuoso. Picturesque fisher-men village, hidden in the high rocky coast, reachable only by sea. Its Abbey it is a middle age masterpiece. Then, boat trip back to Santa Margherita and free time to enjoy its beautiful touristic centre. Return to Diano Marina, dinner in hotel and overnight.

## 5. DAY Ligurian Alps - Cooking class - Cheese producer

Breakfast in hotel and bus trip from Diano Marina to Ligurian Alps. Meeting with a natural scientist that will guide us on a trekking tour to Mount Armetto, and give us info about Fauna and Flora of this Alpine area. Lunch in Rifugio (mountain hostel) with cooking lesson. We will learn how to bake focaccia, pasta and sugo. On the way back to Diano Marina, cheese tasting to local producer. Dinner and overnight in hotel.

## 6. DAY Alassio - Via Julia Augusta - Albenga

Trekking on via Julia Augusta, a terrific Roman path 2000 years old, from Alassio to Albenga with a spectacular Sea-view. Roman necropolis ruins are still visible and all objects found are in the Roman museum in Albenga, that will be visited later, in the afternoon. Free time for lunch in Albenga, roman historical town. Guided visit of city centre, roman glass museum ( optional). Bus transfer from Albenga to Alassio. Free visit of Alassio, the "Budello" main alley with shops and tiny restaurant, and patisseries with famous "Baci di Alassio". Bus transfer to our hotel for dinner and overnight.

## 7. DAY Diano Marina - Departure

After breakfast, check out from hotel. Free time in Diano Marina for relaxing on the beach or a last visit in town centre. Bus transfer back to the Airport.

*Located between Mediterranean Sea and Alps, Liguria is a thin layer of land that rises from the sea surface and in a few kilometres, climbing up the hills, reaches the heights of the Alps. We will discover this peculiar region in an unusual way, through an array of several activities, such as cooking lessons of local dishes; trekking in the Alps or next to the Sea; visiting historical villages and local olive oil, cheese and wine producers; enjoying famous touristic towns.*



## GENERAL INFO

- ✔ Price is based on a group of 50 people
- ✔ Price is per person per stay in double room in high season
- ✔ Single supplement on request

Prices are informative and based on availability. Program can be modified according to your requirements or budget. Send us your travel dates to [reservations@codan-agentura.com](mailto:reservations@codan-agentura.com) and we will prepare fixed offer.

## ACCOMMODATION INFO

Price for the package is based on a stay at a 3-star hotel. All night are in Diano Marina.

### Hotel examples:

We can of course offer hotels in different category or location.

## PACKAGE INCLUDES

### Guide Service, Excursions & Entrances:

- FD Tourist guide service
- Olive oil tasting and mill visit
- Wine tasting and brunch
- Boat Portofino – S.Fruttuoso and S.Fruttuoso-S.ta Margherita
- Cooking class and lunch in Rifugio
- Cheese tasting
- Albenga glass museum entrance fee

### Meals:

- Local Pizzeria (pizza + drink + dessert) , if requested

### Transportation:

- Coach for whole program

### Accommodation:

- 6 nights in double room, HB