# ACTIVE SPA STAY IN KARLOVA STUDÁNKA

# **Enjoy stay in Czech Mountain SPA**

#### DAY 1

Arriving at Katowice Airport ( PL )  $\to$  transfer to SPA Karlova Studánka  $\to$  accommodation and time for your own  $\to$  dinner at the hotel

#### DAY 2

Breakfast at the hotel  $\rightarrow$  trip through the valley of the White Opava (yellow sign) to Ovčárna and back following the blue sign ( 11km )  $\rightarrow$  spa procedures due to the order and time for your own  $\rightarrow$  dinner at the hotel

**DAY 3** Breakfast at the hotel  $\rightarrow$  transfer to Ovčárna  $\rightarrow$  trip to Praděd ( highest mountain of tha Moravia ) with view tower and back to Ovčárna (7,5km)  $\rightarrow$  transfer to hotel and spa procedures due to the order  $\rightarrow$  dinner at the hotel

### DAY 4

Breakfast at the hotel  $\rightarrow$  transfer to Power Plant Dlouhé stráně  $\rightarrow$  guided tour approx. 2,5 – 3 hours  $\rightarrow$  transfer to hotel and spa procedures due to the order  $\rightarrow$  dinner at the hotel

#### DAY 5

Breakfast at the hotel  $\to$  transfer Sovinec castle  $\to$  guided Castle tour short or long trip  $\to$  transfer to hotel and spa procedures due to the order  $\to$  dinner at the hotel

#### DAY 6

Breakfast at the hotel  $\to$  trip to Roland stone with view point to Karlova studánka ( approx. 5km )  $\to$  spa procedures due to the order  $\to$  dinner at the hotel

#### DAY 7

Breakfast at the hotel → departure to Katowice Airport

## **GENERAL INFO**

- Price is based on a group of 15 persons
- Price is per person per stay in double room
- Single supplement on request

Prices are informative and based on availability. Program can be modified according to your requirements or budget. Send us your travel dates to <a href="mailto:reservations@codan-agentura.com">reservations@codan-agentura.com</a> and we will prepare fixed offer.







Karlova Studánka lies in the valley of the mountain river Opava and is part of a nature reserve Praděd. Nowadays, it is obe of the places in the region with the cleanest air. All local springs have a high proportion of carbon dioxide through peat bogs. It is possible to taste and draw water from the healing springs, in the Drinking Pavilion where the Wilhelm spring is located, or in the house of Libuše. The town also offers ideal hiking conditions, besides being the starting point of one of the most attractive natural areas with plenty of hiking trails like the route called Bilá Opava Waterfalls. Bilá Opava river rises on the southern slope of praděd at an altitude of 1260 meters above sea level. The larger waterfall is almost 8 meters high and the trail is accessed by wooden bridges and stairways. Thanks to its favourable climate and location in the picturesque countryside, the spa serves as a specialized sanatorium providing treatment to patients suffering from diseases of respiratory organs, in the treatment of which the unique pure mountain climate proves to be beneficial. The spa buildings from the beginning of the 19th century are also architectonically interesting.



# **PACKAGE INCLUDES**

## Accommodation:

• 6 x accommodation in hotel in Karlova Studánka

## Other services

- All transfers
- Dinners at the hotel
- Entrance fees
- All transfers
- Guided Tours
- 1 x carbon bath
- 1 x massage classic
- 1 x mud wrap
- 1 x salt cave
- 2 x swimming pool entrance

# **ACCOMMODATION INFO**

Package price is based on a stay at least in 3-star hotel. We can of course offer hotels in different category or location.





